**Marathon Effort for the John Thornton Young Achievers Foundation**

**The Challenge:** Walk from Sandbanks to Lymington in 1 day as part of a fundraising team for the fantastic local charity – JTYAF.

\*Half marathon option also available

**The Charity:** [www.jtyaf.org](http://www.jtyaf.org) – The JTYAF supports young people from a wide range of youth organisations providing them with scholarships and bursaries to support their personal development and the pursuit of their ambitions.Please support through JustGiving page link: <https://www.justgiving.com/fundraising/marathoneffortforJT> or sponsorship form.

£50 minimum per walker – aim high!

**Arrangements:** Meet *Saturday, September 9th* At Jazz’s Café, Sandbanks at 8.00am. The route will follow the coastal path with numerous toilet and refreshment opportunities. A steady pace with breaks will result in an arrival time at Lymington of 6.00. To mark the end point of the challenge we will have a pub meal at the Ship Inn with the return transport provided departing at 8pm, returning to Poole at 8.45.

**Preparation:** 26 miles is a challenge and will require some training. Please see the kiltwalk website for some excellent training tips (www.thekiltwalk.co.uk/advice/training)

**On the day:** Appropriate kit/footwear, water bottle, ferry/pub money

**\*Half Marathon options:**

**Option 1** Sandbanks – Highcliffe. Arriving at Highcliffe at approx.. 1.30. There are frequent returning buses.

**Option 2** Highcliffe to Lymington. Meet at Highcliffe at 1.30 to join the adventure including pub and return minibus.

***For further info / book a place please contact Joe Barnett***

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